



**NLFL 2025 TRIENNIAL**

# **CONVENTION CALL**



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# LETTER FROM THE PRESIDENT



**JESSICA  
MCCORMICK**

Greetings,

We gather at a defining moment for our province and our movement. In the face of transformative change, our greatest strength is our unity. This convention is our opportunity to channel that collective power toward a common goal: placing working people at the heart of our province's next chapter.

The path ahead is filled with critical decisions—from the ballot box to the bargaining table—that will determine the future of work, dignity, and shared prosperity for generations to come.

At this convention, we will unite, strategize, and prepare to fight for the fairness every worker deserves.

Together, we will demand good and safe jobs, strong public services, and a sustainable future. I am confident we will leave this convention not just ready, but energized and united in our resolve to create a better future for all workers.

Now is the time to stand together for a better future for workers. Now is the time to fight - and win.

I look forward to seeing you at our Convention this Fall!

In solidarity,



Jessica



# CONVENTION CALL

**The Newfoundland & Labrador Federation of Labour will be holding its Fifth Triennial Constitutional Convention at the Delta Hotels St. John's Conference Centre, St. John's, NL, on November 16 – 19, 2025.**

This Call includes overall information regarding the convention, the registration process, important deadlines, resolutions, accommodations, elections, etc.

**Information and updates about the Convention will also be posted on our convention website at: [www.nlfed.ca/convention2025](http://www.nlfed.ca/convention2025)**

Representation at Convention of the NL Federation of Labour, as well as the procedure for submitting resolutions, holding elections, conduct and procedures, etc. are governed by our Constitution (Article 4) which can be found at the Convention webpage listed above or is available upon request.

# REGISTRATION, DELEGATE ALLOTMENTS, AND CREDENTIALS

## DELEGATE ALLOTMENTS

The number of delegates each union/local labour council can send to Convention is laid out in Article 4, Section 4 of the Constitution.

A delegate allotment letter which outlines the number of delegates assigned to each union/labour council is included in the Convention Call package mail out.

All unions are encouraged to consider equity representation as part of their delegations.

## REGISTRATION FEE

The registration fee for each delegate is **\$300**. On-site registration will take place on the afternoon of Sunday, November 16 and before opening plenary on November 17.

## CREDENTIALS

Credentials are covered by Article 4, Section 5 of the Constitution. Official credentials are sent out with the Convention Call package. Completed credentials must be submitted with registration fee payment.

## CREDENTIALS DEADLINE

The deadline to submit credentials/payment is **November 2, 2025** (15 days prior to the start of Convention, as per the Constitution, Article 4, Section 5).

# RESOLUTIONS

## RESOLUTIONS

**The deadline for receiving RESOLUTIONS is 4:30 pm (NT) on October 17.**

Resolutions and Constitutional Amendments are governed by Article 4, Section 11 of the Constitution.

**Each resolution must be submitted on a separate sheet, deal with one subject, and be no longer than 150 words. Resolutions must be signed by the presiding officer and Secretary Treasurer or designate of the submitting union.**

**Constitutional amendments must indicate the Articles/Sections/Sub-sections that are being amended as well as the specific wording/changes being proposed.**

Resolutions/constitutional amendments must be submitted:

Email: [jrideout@nlfed.ca](mailto:jrideout@nlfed.ca) (*PREFERRED METHOD*)

**Subject Line: Convention Resolution**

or by mail:

Mail: Newfoundland and Labrador Federation of Labour

PO Box 8597

St. John's, NL, A1B 3P2

# RESOLUTIONS

## CLEAR LANGUAGE FORMAT PREFERRED

As part of an effort to promote more effective communications and to make the resolutions process more accessible for all members, we ask that unions use clear language format as the preferred way to submit resolutions to convention.

**Here is an example:**

| <b>TRADITIONAL EXAMPLE</b>  | <b>CLEAR LANGUAGE EXAMPLE</b>  |
|---|--|
| <p><b>TITLE: SCENT FREE WORKPLACE</b><br/><b>ORIGINATOR: UNION - LOCAL 123</b></p> <p><b>WHEREAS</b><br/>Employees should have the right to work in a scent-free environment and should not have to become sick at work because of the products used by others in their workplace; and</p> <p><b>WHEREAS</b><br/>Not having clean air to breathe in their workplace is a health and safety issues; and</p> <p><b>WHEREAS</b><br/>Many employees experience severe reactions to scented products</p> <p><b>BE IT RESOLVED THAT</b><br/>All employers establish and enforce scent free work environments for all workers.</p> | <p><b>TITLE: SCENT FREE WORKPLACE</b><br/><b>ORIGINATOR: UNION - LOCAL 123</b></p> <p><b>THE PROBLEM OR ISSUE:</b></p> <p>Employees should have the right to work in an environment free from scented products that can cause severe reactions.</p> <p>Reactions to scented products like perfume, aftershave, and cologne can make employees sick, which is a health and safety issue.</p> <p><b>THE ACTION REQUESTED:</b></p> <p>Employers establish a scent free policy for all workplaces.</p> |

# ACCOMMODATIONS

Please be advised that a block of rooms are set aside at the Delta Hotel.

The Federation is not responsible for booking accommodations for delegates.

The room rate for Convention is:

Single/Double Occupancy: \$184.00/night

Reservations can be made through the Reservations Department at 1-800-268-1133; or you can use the booking link at [www.nlfed.ca/convention2025](http://www.nlfed.ca/convention2025)

When making reservations by phone, please indicate that you wish to book one of the rooms being held under the Newfoundland and Labrador Federation of Labour. Rooms will be held until release date of October 14th, 2025 – after the release date additional reservations will be accepted and confirmed on a space and rate available basis only.



# HONOURARY MEMBERSHIP

As per Executive Council motion of November 27, 2001, the NLFL hereby requests nominations for Honourary Membership to be considered for presentation at the Fifth Triennial Constitutional Convention of the Newfoundland & Labrador Federation of Labour

Guidelines covering Honourary Membership are as follows:

**Purpose:**

- The Executive Council of the Newfoundland & Labrador Federation of Labour shall from time-to-time award Honourary Membership to a person who has made a major contribution to this Federation.

**Criteria:**

- The nominee who must be a retired member will have, through personal and devoted efforts in the affairs of the NLFL, performed exemplary service on behalf of union members.
- The nominee will have exhibited commitment and leadership instrumental to the labour movement.
- The nominee will receive recognition for their dedication, achievements, and commitment in representing union members.
- The nominee will be recommended by an affiliate or by an officer of the NLFL Executive Council.
- The recommendation will be submitted in writing to the President of the Federation with all relevant and supporting information attached by 4:30 pm on October 17, 2025.

Email: [jrideout@nlfed.ca](mailto:jrideout@nlfed.ca) Subject Line: Honourary Membership

Mail: Newfoundland and Labrador Federation of Labour  
PO Box 8597  
St. John's, NL, A1B 3P2 ATTN: Jessica McCormick

# ELECTIONS

Elections for the following positions will be held at the Convention:

- President
- Secretary-Treasurer
- General Vice-President
- First Vice-President
- Small Unions (under 1000 members) Vice-President
- Young Workers (under the age of 35) Vice-President

## **Candidate Election Form**

Delegates wishing to run for the following positions shall complete a Candidate Election Form (which is available on the Convention website at: [www.nlfed.ca/convention2025](http://www.nlfed.ca/convention2025) or are available upon request) which must be signed by the President or Presiding Officer of their respective union:

- Secretary-Treasurer
- General Vice-President
- First Vice-President
- Small Unions (under 100 members) Vice-President
- Young Workers (under the age of 35) Vice-President

**The deadline for Candidate Election Forms is 4:30 pm on Friday, November 14, 2025.**

Completed and signed forms shall be sent to:

Email: [jrideout@nlfed.ca](mailto:jrideout@nlfed.ca) (Subject Line: Candidate Election Form)

Mail: Newfoundland and Labrador Federation of Labour  
PO Box 8597  
St. John's, NL, A1B 3P2

# FIRST-TIME DELEGATE SEMINAR

**A first-time delegates session will be held on Sunday, November 16 at 7pm at the Delta Hotel.**

This session is strongly recommended for all new delegates as it provides valuable information on how the convention works, the structures of the labour movement, who's who, etc.

This session will better equip new delegates for a successful convention.

# CONTACT US



**Email/**  
[jrideout@nlfed.ca](mailto:jrideout@nlfed.ca)

**Website/**  
[www.nlfed.ca/convention2025](http://www.nlfed.ca/convention2025)